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Perception of retired women about life in general

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Abstract

Most of the working women spend their time in such a hectic way that they don't plan and prepare themselves for their retirement life and suddenly retirement come to them. They then feel the life is totally different and their perception towards their daily work, their family and life has changed. In this context, the present study was undertaken which revealed medium level of perception about life in general, greater clarity of concept with maturity and making of leisure time more interesting and remunerative by the retired women.